

Friendship Heights
Village Center



Calendar
of Events 2005

MAY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m. – 2 p.m.: Village Yard Sale	2 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: “Privatizing Social Security” 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	4 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Friday Morning Music Club	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7:30 p.m.: Book signing with Georgie Anne Geyer	6 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	7 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Depart for the Sheep Festival
8 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9 7 a.m. to 8 p.m.: COUNCIL ELECTION 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	11 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Seager and Sison	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7:30: The Poetry of Robert Frost	13 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	14 7:30 a.m.: Depart for “Spamalot” 10:30- 11:30 a.m.: “Sylvester...” Children’s Progam 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
15 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	16 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing 7:30 p.m.: Yoga 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING and SWEARING IN	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	18 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture 1 to 3:30 p.m.: Vision Transitions and Glaucoma Screenings 5 to 7 p.m.: Glaucoma Screenings 7:30 p.m.: Concert: Les Amis de Mozart	19 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7:30 p.m.: Café Muse	20 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert: Mike Surratt 1 p.m.: Drop-in Bridge	21 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 12 -1:30 p.m.: Landon Symphonette
22 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 9:15 a.m.: Fit-4-Ever 10: a.m. – 2 p.m.: MVA 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing 7:30 p.m.: Yoga 7:30 p.m.: Dr. Anthony Fauci	24 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Depart for the Odyssey 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist	25 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Identity Theft 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Barbara Martin and Mac Walter	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 1 p.m.: Frederick Moyer Concert 6:30 p.m.: Scrabble 7:30: Book signing with Roland Mesnier	27 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	28 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
29 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	30 Memorial Day Center open 9 a.m. to 2 p.m. 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training	31 8:15 a.m.: Walking Club 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	Privatizing Social Security Economist Dr. Heidi Hartmann will discuss the possible effects of Social Security privatization on Monday, May 2, at 1 p.m. Dr. Hartmann is President of the Institute for Women’s Policy Research.			

Shuttle bus hours

Monday through Friday6:40 a.m. to 9:40 p.m.
Saturday and Sunday8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday9 a.m. to 9 p.m.
Friday9 a.m. to 5 p.m.
Saturday and Sunday9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH’S SPECIAL LUNCH AND CONCERT

May’s special lunch, prepared by Dwight Robinson of Brighton Gardens, will be held on **Friday, May 20, at 12:15 p.m.** The menu will include chopped salad, tarragon chicken, rice pilaf, snow peas, and peach cobbler for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve your seat by Wednesday, May 18.
After lunch, please stay to enjoy the music of Mike Surratt. Using a digital Alesis keyboard, Mike will play all your old favorites in a concert at **1 p.m.**